

## December Tip of the Month

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### **One of the Secrets of the Golf Swing**

The golf swing is an effort to create a circle with the club head or commonly referred to as a swing arc. The wider the swing arc (the circle that you are swinging on) the easier it is to get the ball in the air, higher the ball will fly, the more accurate & consistent you'll be, and you'll also hit the ball further too! Since your arms start off straight at the address position, you'll want to return them back to straight thru impact. Maintaining width with your hands staying far away from your chest, helps to create the widest arc.

How to swing on the widest arc: During your take-away, you'll want to keep your hands as far away from you as you can; however, you'll need to bend your right elbow (for right handed golfers) and both wrists for power. After you shift/change direction, you'll want to unfold/unload your right arm back to straight, along with your wrists. If you do it properly, you'll feel a good amount of centrifugal force. Basically, that is where you swing the club head away from you and then it feels like the club pulls you through impact. Let me know if you need help learning this move, it's essential!